

Teachers of youth and clinical supervisors can benefit from letting this book challenge their established conceptual frameworks of assessing their students and their educational progress. Virtue, used to augment a pathological or “issues” focus, could encourage better ways of living and enjoying life. Educators who can help their students or mentees uncover their own operant virtues, showing them the value of those traits to their work or caregiving efforts, and helping them value and enhance those characteristics, can quench a natural thirst for self-worth in growing a professional identity.

Critics are likely to quip that none of this near-scientific treatment of the beautiful aspects of the human personality is likely to improve one bit the actual quality functioning of human beings. Perhaps they are right, but for those of us who have long been hooked on the questions of what is actually best for individuals, communities, and the evolution of the human race itself, this writing brings substance.

I found this book to be an exceptional treatment of the concept of virtue, well worth the price if not a thorough read. Like the dictionary and Google, it lends itself much better to being consulted than to be studied, unless you have a penchant for pondering what actually constitutes a successful life, a rich personality, resilient health, and an enjoyable day.

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Desmond Tutu and Mpho Tuto, *Made for Goodness: And Why This Makes All the Difference* (New York: HarperCollins, 2010), 206 pp.

Made for Goodness is Desmond Tutu’s reply to questions frequently asked of him: “Why are you so joyful?” “How do you keep faith in people when you see so much injustice, oppression and cruelty?” “What makes you so certain that the world is going to get better?” (p. ix). He answers the questions by reflecting on his belief in the infinite goodness of God and sharing stories of individuals and communities who helped to overcome South Africa’s apartheid regime by choosing to be an instrument of God’s goodness. However, the book is not written as a spiritual memoir of the socio-cultural revolution in South Africa. Tutu invites us to ponder how our own values, relationships, and worldview might become more personally and communally life-

giving—he engages the reader in a prayerful reflection on what it means to be “made by God...like God...and for God” (p. 15).

Although internationally acclaimed as a nonviolent advocate for human rights, Tutu writes for the average person: people who continually have to choose how to respond with integrity to troubling and/or hurtful experiences at home, at work, or within their larger socio-cultural milieu. He exhorts the reader to adopt a “tend and befriend,” rather than the “fight or flight,” response of conventional wisdom—to meet the challenge and strive to resolve it in ways honoring the dignity of each person and fostering a mutually life-giving relationship among them.

The book begins by grounding the claim that we are made for goodness within the Judeo-Christian tradition and describes the difference between trying to be good and choosing to do good. Particular attention is given to helping the reader learn how to manage the multiple and complex realities of repeatedly making that choice, even when our efforts challenged by adversity, hardship, doubt or failure. And, the final chapters invite the reader to cultivate prayer practices that nurture increased awareness of the nature of God and human *being*. The combined effect of the topics Tutu selected for reflection and his accessible writing style is both inspiring and instructive. The reader is led to a deeper understanding of who Desmond Tutu is and how he remains true to his most authentic self. More importantly, the reader is carefully and compassionately led to a fuller embrace of his or her own self as an instrument of God’s infinite and unfailing goodness.

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John Bradshaw, *Reclaiming Virtue: How We Can Develop the Moral Intelligence to Do the Right Thing at the Right Time for the Right Reason* (New York: Bantam, 2009), 528 pp.

John Bradshaw is an engaging writer having written four other books that were bestsellers, three of which were *New York Times* #1 Bestsellers. *Reclaiming Virtue* is a largely autobiographical introduction to the subject of moral